Commitment planner

The commitment planner will help you plan your time and manage your Headstart study alongside various other commitments. List your commitments below and estimate how many hours per week you need to spend on each.

| My commitments | | Hours per week |
|--------------------|--|----------------|
| Headstart: | Lecture, tutorial, workshop/lab (if applicable), readings, assignments, exam preparation, etc. | 10 |
| School workload: | | |
| Work / vocational: | | |
| Family: | | |
| Social: | | |
| Sport: | | |
| Other: | | |

Now, schedule your commitments into the weekly planner below.

| My time management plan | | | | | | | | | | |
|-------------------------|--------|---------|-----------|----------|--------|----------|--------|--|--|--|
| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | | |
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